



## **Meals on Wheels San Diego County EARNS COVETED 4-STAR RATING FROM CHARITY NAVIGATOR**

**San Diego, CA, December 4, 2017** – Meals on Wheels San Diego County’s strong financial health and commitment to accountability and transparency have earned it a 4-star rating from Charity Navigator, America’s largest independent charity evaluator. This is the second consecutive time that Meals on Wheels San Diego County has earned this top distinction.

Since 2002, using objective analysis, Charity Navigator has awarded only the most fiscally responsible organizations a 4-star rating. In 2011, Charity Navigator added 17 metrics, focused on governance and ethical practices as well as measures of openness, to its ratings methodology. These Accountability & Transparency metrics, which account for 50 percent of a charity’s overall rating, reveal which charities operate in accordance with industry best practices and whether they are open with their donors and stakeholders. On June 1, 2016, we upgraded our methodology for rating each charity’s financial health with CN 2.1. These enhancements further substantiates the financial health of our four star charities.

Meals on Wheels San Diego County’s exceptional 4-star rating sets it apart from its peers and demonstrates its trustworthiness to the public,” according to Michael Thatcher, President & CEO of Charity Navigator. “Only a quarter of charities rated by Charity Navigator receive the distinction of our 4-star rating. This adds Meals on Wheels San Diego County to a preeminent group of charities working to overcome our world’s most pressing challenges. Based on its 4-star rating, people can trust that their donations are going to a financially responsible and ethical charity when they decide to support Meals on Wheels San Diego County.”

### **SUGGESTED CHARITY QUOTE:**

“It’s important our donors trust that we’re using their donations wisely to accomplish our mission of supporting the independence and well-being of seniors.” said Debbie Case, President & CEO. “Our 4-star Charity Navigator rating demonstrates to our supporters our good governance and financial accountability.”

Meals on Wheels San Diego County’s rating and other information about charitable giving are available free of charge on [www.charitynavigator.org](http://www.charitynavigator.org). More-detailed information about Meals on Wheels San Diego County’s rating is available to Charity Navigator site visitors who become registered users, another free service.

### **About Charity Navigator**

Charity Navigator, [www.charitynavigator.org](http://www.charitynavigator.org), is the largest charity evaluator in America and its website attracts more visitors than all other charity rating groups combined. The organization helps guide intelligent giving by evaluating the Financial Health and Accountability & Transparency of more than 8,000 charities. Charity Navigator accepts no advertising or donations from the organizations it evaluates, ensuring unbiased evaluations, nor does it charge the public for this trusted data. As a result, Charity Navigator, a 501 (c) (3) public charity itself, depends on support from individuals, corporations and foundations that believe it provides a much-needed service to America’s charitable givers. Charity Navigator, can be reached directly by telephone at (201) 818-1288, or by mail at 139 Harristown Road, Suite 101, Glen Rock, N.J., 07452.

### **About Meals on Wheels San Diego County**

The impact that Meals on Wheels has on the seniors they serve goes far beyond the wholesome meals provided. Daily friendly contact provides important socialization for those who may be isolated with little or no connection to the outside world. Lives are often saved in the course of delivering meals when a person does not respond to a knock on the door, has fallen or may have become ill. For over 57 years, Meals on Wheels San Diego County has contributed to the overall well-being of seniors by providing regular nutrition and daily contact with a caring volunteer. Learn more at [www.meals-on-wheels.org](http://www.meals-on-wheels.org) or call 800.5.SENIOR.

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