Give a We Care Package!

For every holiday and birthday, Meals on Wheels and the community of generous volunteers provide our seniors with a special gift bag to say, “We Care.”

We Care Packages can be brightly covered plastic storage boxes or small gift bags filled with unopened useful and fun items. Boxes can be assembled with a male or female in mind and can include a personal note of well wishes.

List of suggested items include:

- Combs
- Cotton Balls & Swabs
- Crosswords/Sudoku
- Deodorant
- Dish Towels
- Envelopes
- Floss
- Greeting Cards & Stationary
- Hand Towels
- Jar Openers
- Lotions
- Magnifying Glasses
- Nail Files & Clippers
- Night Lights
- Non-Alcoholic Mouthwash
- Notepads
- Pens
- Photo Frames
- Pill Boxes
- Playing Cards
- Postage Stamps
- Post-it Notes
- Pot Holders
- Shampoo
- Sharpened Pencils
- Small Brushes
- Small First Aid Kit
- Small Tissues
- Soap
- Socks
- Toothbrushes
- Toothpaste

PLEASE AVOID: Candles, Razors, Nail Polish, Cosmetics, Cough Drops, Matches and Lighters, Food Items, Flammable Liquids, Aspirin, Tylenol or Medications of any kind.

For more information, please contact our Volunteer Manager, Gina Gonzales, at ggonzales@meals-on-wheels.org

Meals on Wheels San Diego County

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